Cook up compassion.
Proceeds from the Cooking

for Life cookbook benefit families touched by cancer. (\$19.95. At 605-322-8900 or www.averamckennan foundation.org.)

2. Canines for a cure. Sales of this plush Pink Ribbon Buddy dog toy help the Susan G. Komen Breast Cancer Foundation fight disease. (\$12.95. At 800-381-1516 or www.planetdog.com.)

3. Wear your support. Fuss' baby Thinking Cap and grown-up Girly T (like the onesie below) benefit ovarian cancer research. (\$14.50 to \$34.50. At 415-614-1886

or www.fuss-frocks.com.)

4. Flower power. Buy the About Vase from Goods That Give, and you'll support such noble causes as fair trade, the environment, and job creation. (\$42. At 866-611-4483 or www.goodsthatgive.com.)

5. Beat the holiday blues. 100 percent of the profits from Philosophy's Holiday Blues bath and shower gel go to charities for the homeless. (\$20. At 800-568-3151 or www

6. Food with thought. All proceeds from Freedom Foods' tins of goodies like chai, banana chips, and wasabi peas help the homeless. (\$8 per tin. At 866-718-1005 or www.appreciate.org.)

7. A gem of an idea. This 16-inch crystal necklace by ElyseRyan Jewelry helps fund Alex's Lemonade Stand, which supports pediatric cancer research. (\$85. At www.elyseryan.com.)

for the altruist

All she does is give, give, give. Now it's her turn to receive.

